

# Face Mask With Metal Nose Clamp (To keep glasses from fogging)

Easy-to-make From a T-Shirt

Created by Sandy at [rusticwoodworking.com](http://rusticwoodworking.com)

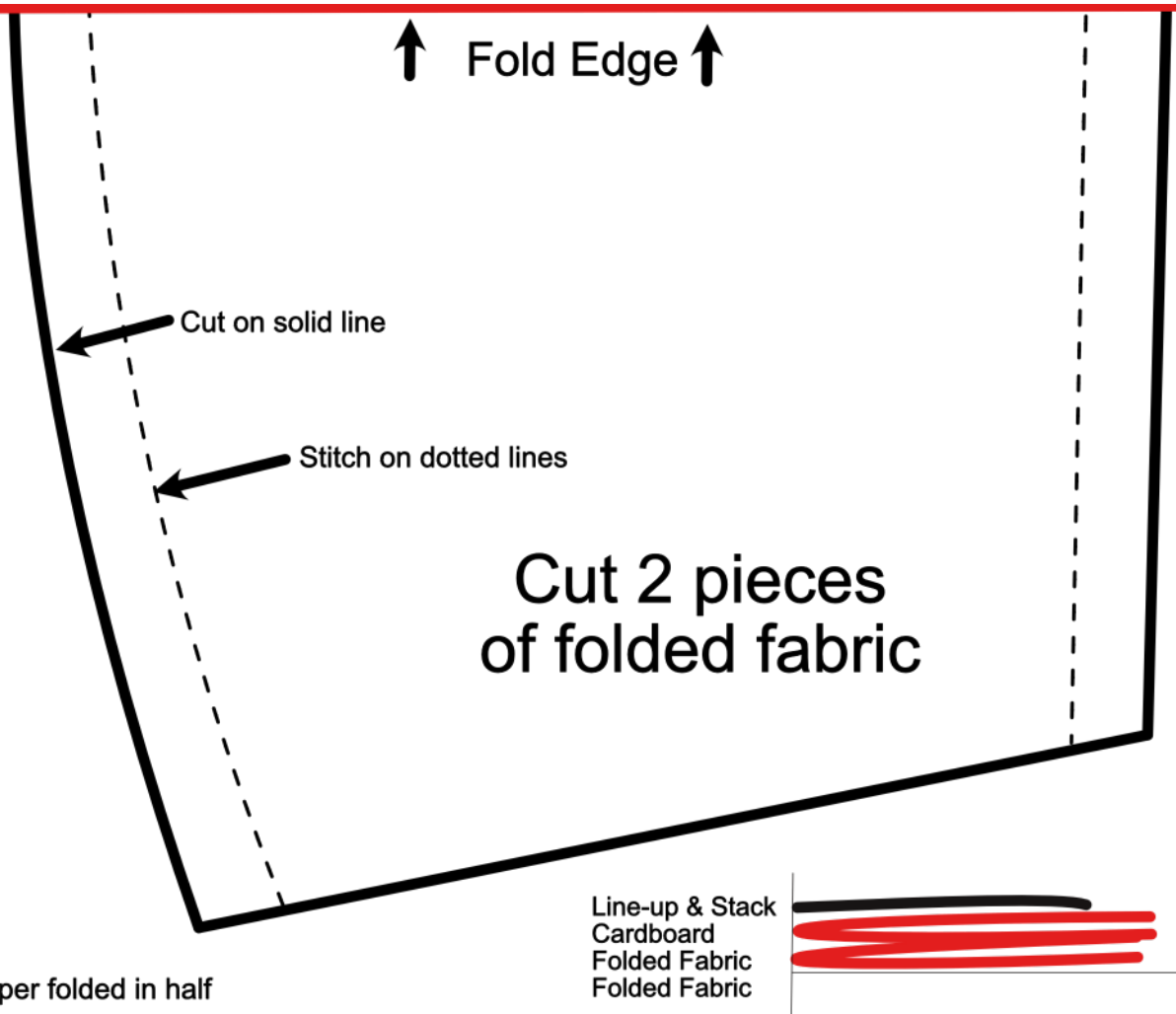


Print this sheet and fold in half or cut at red line.

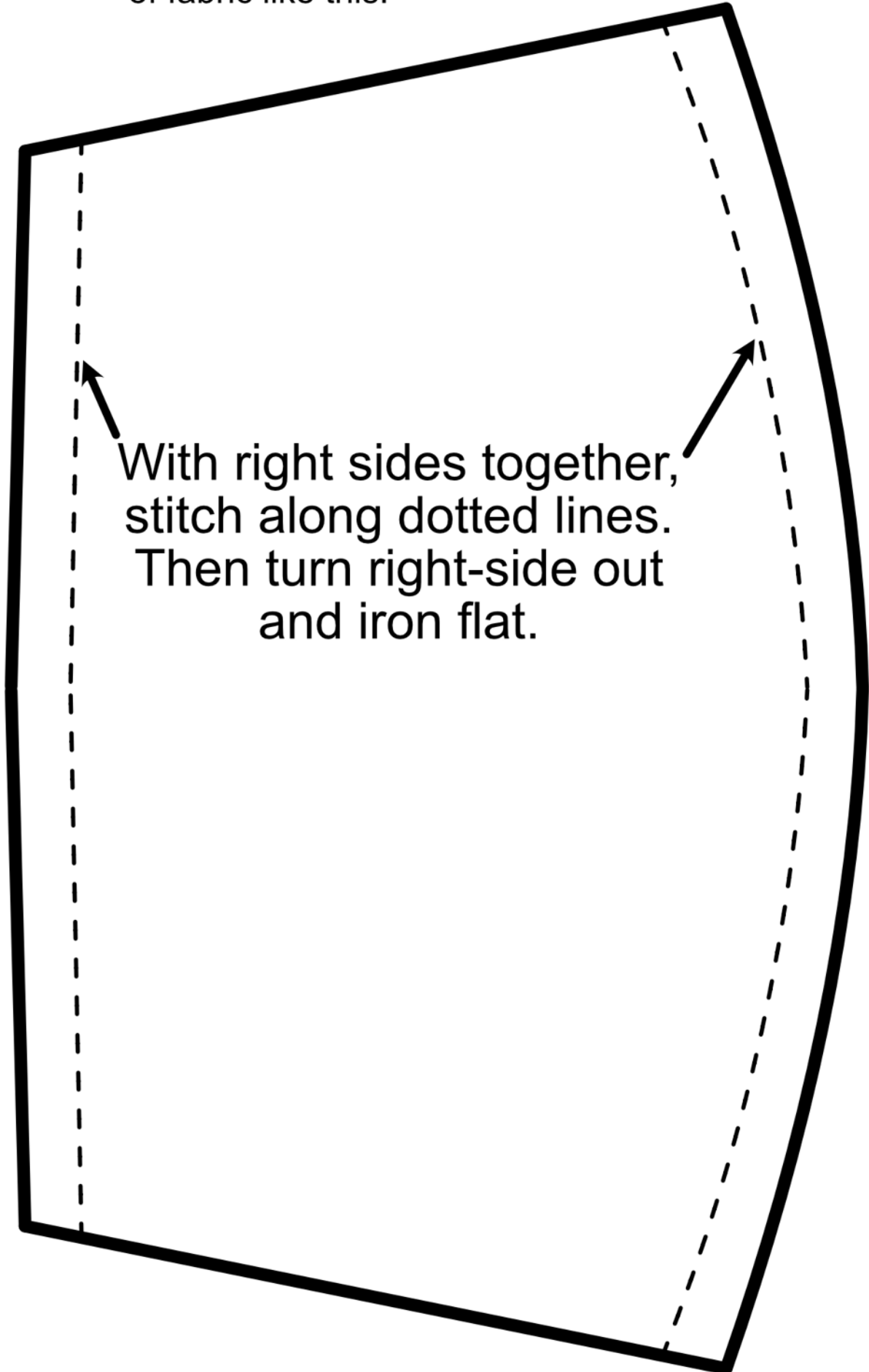
Fold two pieces of t-shirt material slightly larger than the pattern below.

Pin the paper pattern onto the cloth, lining up so that all folds are flush.

Cut out fabric on solid lines.



When unfolded you should have two pieces of fabric like this.

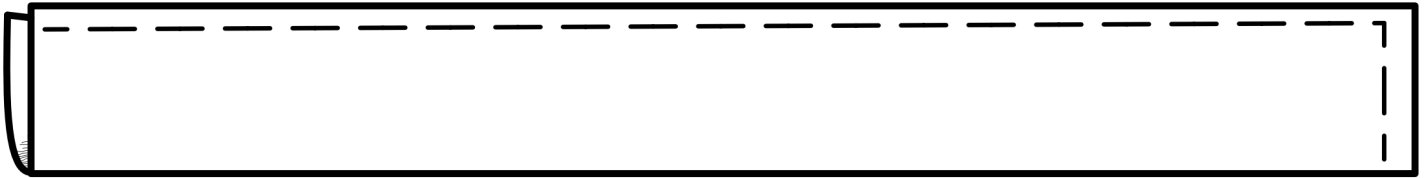


With right sides together,  
stitch along dotted lines.  
Then turn right-side out  
and iron flat.

Cut four strips of fabric: 2" wide x 16" long

With right-sides together, fold each strip in half lengthwise

Stitch on two sides, turn right side out, and iron flat.



(not actual size)

